

Invitation Jin Shin Jyutsu for Your Animal Companions

April 1-3, 2026



Are you curious to discover how you can promote balance, calm, vitality, health, and well-being with your own hands – for yourself and your animal friend?

Then we warmly invite you to this three-day course Jin Shin Jyutsu for Your Animal Companions with Kelly Mount.

The Jin Shin Jyutsu Physio-Philosophy is rooted in ancient wisdom and the innate intelligence of both humans and animals. Practicing this art brings harmony to the body's energy system, supporting health, relaxation, and overall well-being.

What to expect?

This course, based on the self-help book for animals by Adele Leas, is taught by Kelly Mount, a member of her faculty.

You will learn the location and meaning of the 26 Safety Energy Locks and how to apply simple energy flows – first on yourself, then on various animals. Through this, you'll experience a deepening and refinement in touch and awareness.

The workshop is open to everyone, with or without previous experience in Jin Shin Jyutsu. Classes are taught in English and translated into Dutch by Frederique van der Chijs.

Course Fees:

New participants: €575 – includes the book and an A4 chart (dog/horse)

Repeat participants: €450 – exclusive book

Prices include coffee/tea and lunch.

Location

Mandy's Ponyplezier, Akersluis 6, Amsterdam-Sloten

A unique setting with ponies, cats, ducks, and a dog available for practice. Free parking is available.

More info: www.mandysponyplezier.nl

Jin Shin Jyutsu for Your Animal Companions with Kelly Mount



Kelly Mount is a dedicated and experienced Jin Shin Jyutsu® practitioner and instructor, affiliated with both Jin Shin Jyutsu Spirit Mind Body and Jin Shin Jyutsu for Your Animal Companion.

Since 2005, Kelly has immersed herself deeply in Jin Shin Jyutsu, and since 2007 she has guided others in their personal and professional development within this healing art. For over a decade, she organized courses and workshops, and as Program Manager for Mary Burmeister Outreach, she worked to make Jin Shin Jyutsu accessible to a broader audience.

As a certified massage therapist and passionate teacher, Kelly shares her knowledge with adults, children, and animals. She is a sought-after speaker and regularly leads self-help groups, including groups for people living with cancer. She also offers free weekly online self-help classes, open to anyone around the world who wishes to explore Jin Shin Jyutsu.

Kelly lives with her family in Kentucky, USA, where she and her husband run Mount Saddlebreds, a breeding and training facility for American Saddlebred horses. Her love for horses began early, inspired by her grandmother and aunt, and has grown into a lifelong passion.



Since 2007, Kelly has been a certified JSJ Animal Practitioner, and in 2020 she was officially approved by Adele Leas as a teacher of Jin Shin Jyutsu for Your Animal Companions.

Sharing this artless art of compassion and harmony with all living beings is her life's mission.

Jin Shin Jyutsu for Your Animal Companions



Organisation – Lidi Pijfers

Years ago, Lidi Pijfers was introduced to Jin Shin Jyutsu after a fall that left her hypersensitive and overstimulated. A friend referred her to Carien Huijzer, "who has golden hands" – and rightly so. After her first session, Lidi immediately felt better and asked, "Do they do this for horses, too?"

That question led her to Annemiek Driesen, who worked closely with Adele Leas. Lidi attended her first self-help workshops for animals with Annemiek, and when Adele came to the Netherlands to teach, Lidi was in the front row – and a lifelong passion was born.

When Annemiek retired, Lidi took over from her. Since then, she has attended numerous courses and applies Jin Shin Jyutsu daily in her practice Wijs Paard – Complementary Animal Care.

Horses are a vital part of her life:

"I can no longer imagine life without them."



Translation – Frederique van der Chijs

More than fifteen years ago, Frederique van der Chijs discovered Jin Shin Jyutsu when her mother brought home a book about the method. She was immediately fascinated by the idea that through the gentle placement of the hands, one could support healing in oneself, another person, or even an animal.

To deepen her understanding, Frederique completed the human Jin Shin Jyutsu training, integrating the method into her holistic practice in Amsterdam. During her studies, she discovered that JSJ courses for animals were also being taught in Limburg. She attended classes with her own dogs under Adele Leas, and soon became Adele's regular translator during her courses in the Netherlands.

With her experience, Frederique conveys the essence of the teachings clearly and faithfully, ensuring participants can fully absorb the information in both English and Dutch.

For eighteen years, she has run her own practice for humans and animals on the outskirts of Amsterdam:

www.chi4u.nl



Jin Shin Jyutsu for Your Animal Companions Registration



Course Overview

Course: Jin Shin Jyutsu for Your Animal Companions

Dates: April 1–3, 2026

Instructor: Kelly Mount

Translator: Frederique van der Chijs

Organizer: Lidi Pijfers

Location: Mandy's Ponyplezier, Akersluis 6, Amsterdam-Sloten

Fees:

New participants: €575 (including book and A4 chart – dog/horse)

Repeat participants: €450 (exclusive book)

Prices include coffee/tea and lunch.

To **register** or for more information, please contact:

lidi pijfers1966@gmail.com

+31 (0)6 42812855

Please transfer the course fee before March 1, 2026, to:

E.B. Pijfers – NL44RABO0305720759

Reference: Course Kelly Mount